



For more information, contact one of our clinic locations:

ST. CROIX Charles Harwood Complex (340) 718-1311 x 3750

Fredericksted (340) 778-7799

ST. THOMAS Roy L. Schneider Hospital (340) 776-1770 x 5609

> East End Tutu Park Mall (340) 775-5922

ST. JOHN Morris DeCastro Clinic (340) 693-8186



W9C is here to serve YOU! This Institution Is An Equal Opportunity provider - Rev. 07/08/19



Department of Health

The Virgin Islands Women, Infants And Children (WIC) Program





What is WIC?

WIC is The Special Supplemental Nutrition Program for Women, Infants and Children, funded by the United States Department of Agriculture (USDA), and administered through the Virgin Islands Department of Health. It promotes health to moms and children through good nutrition and access to other health and social services.

How Does WIC Work?

By providing:

- Nutrition education and counseling
- Breastfeeding support, since



WIC promotes breastfeeding as the optimum way to feed a baby

- Referrals to other health and social services
- $\bullet\ eWIC\ cards$ to buy healthy foods





Who Is eligible?

- Pregnant Women
- Breastfeeding Women
- Women who just had a baby
- Infants
- Children under 5 years who live in low to middle income families

What do you need to qualify?

- Proof of your income (e.g. check stub, SNAP letter)
- Proof that you live within the Virgin Islands
 (e.g. valid VI ID)

(e.g. valid VI ID, rent receipt)



- Proof of your identity (e.g. valid picture ID, birth certificate)
- A nutrition or health risk
 (e.g. underweight, overweight, anemia, poor diet)