

# Handwashing For Employees

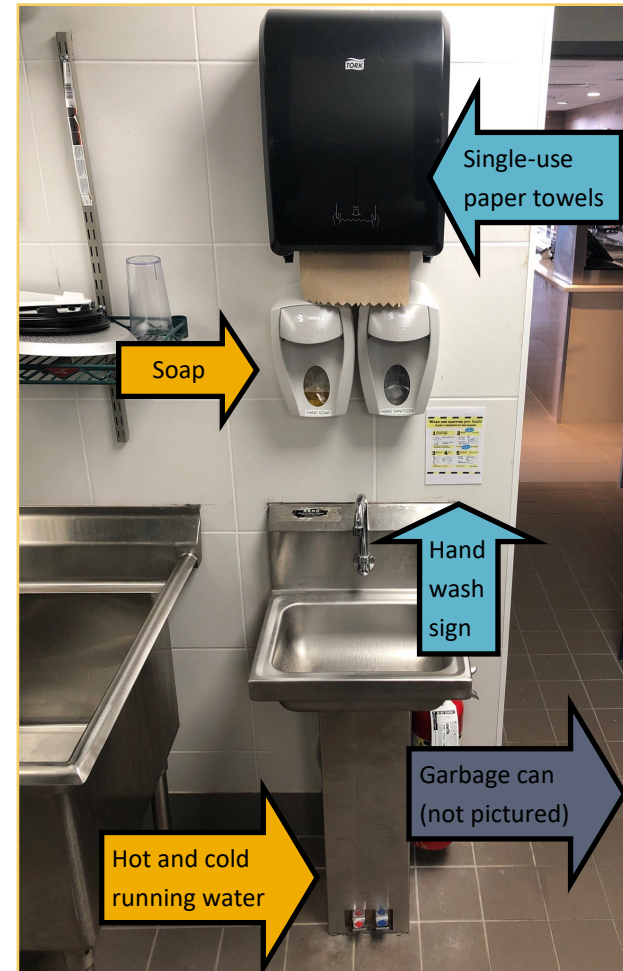
## When to Wash Your Hands

(as often as possible)

- Before starting to work with food, utensils, or equipment
- Before putting on gloves
- When switching between raw foods and ready-to-eat foods
- After handling soiled utensils
- After coughing, sneezing, using a tissue
- After using tobacco products
- After eating and drinking
- After touching skin, face or hair
- After handling animals
- After using the bathroom
- During food preparation and when changing tasks

## How To Wash Your Hands (20 seconds)

- 1) Wet your hands
- 2) Apply soap
- 3) Rub your hands for 10 to 15 seconds
- 4) Rinse your hands
- 5) Dry your hands



United States Virgin Islands  
Department of Health  
Division of Environmental Health

<https://doh.vi.gov/programs/environmental-health>

