



GOVERNMENT OF
THE VIRGIN ISLANDS OF THE UNITED STATES

VIRGIN ISLANDS DEPARTMENT OF HEALTH

ST. CROIX OFFICE
ESTATE RICHMOND
CHRISTIANSTED, ST. CROIX, U.S.V.I. 00820-4370
CHARLES HARWOOD MEMORIAL COMPLEX
TEL: (340)718-6551 * FAX: (340)718-1376

ST. THOMAS OFFICE 3500
303 HOSPITAL GROUND, SUITE 10
CHARLOTTE AMALIE
ST. THOMAS, U.S.V.I. 00802-6722
TEL: (340)774-0117 * FAX: (340)777-4001

PRESS RELEASE

May 12, 2022

Ginny Dargan
Ginny.Dargan@doh.vi.gov

**Department of Health Aligns Isolation and Quarantine
Procedures With CDC Recommendations**

US Virgin Islands —The VI Department of Health (VIDOH) is revising its Isolation and Quarantine guidelines to align with the recommendations of the Centers for Disease Control and Prevention. The new policies are:

Isolation: If you have a Positive COVID-19 test

- **Isolate** immediately when you suspect you are infected. Get a test and isolate for 5 days as soon as you receive a positive COVID-19 test regardless of vaccination status. Wear a well-fitted mask at home and do not travel.
- **End Isolation** after 5 days when fever-free for 24 hours with no fever reducing medication is taken and symptoms are improving. If you were very sick or have a weak immune system, stay in isolation for 10 days and consult a doctor before coming out of isolation.
- **After Isolation** watch for symptoms for 10 days and wear a well-fitted mask at home and in public. Avoid places where you can't wear a mask. Do not travel for 10 days after symptoms or positive test date. Avoid high-risk persons who are likely to get very sick from COVID-19.

Quarantine: If you have been exposed to a positive COVID-19 Case

For people **NOT UP-TO-DATE** on COVID-19 vaccines

- **Quarantine** for 5 days and get tested if you and have had a close contact with someone who is COVID-19 positive. Wear a well-fitted mask at home and watch for symptoms for 10 days. If symptoms develop isolate, get tested and wear a well-fitted mask.
- **After quarantine** take precautions for 10 days, wear a well-fitted mask, don't go places you can't wear a mask, take precautions traveling and avoid high-risk persons likely to get very sick with COVID-19.

Continued on Page 2

Quarantine: If you have been exposed to a positive COVID-19 Case (continued)

For people **UP-TO-DATE** on COVID-19 vaccines

- **NO Quarantine** is necessary for persons up-to-date (first and second vaccines plus first and second boosters).
- **NO Quarantine** is necessary for persons who were exposed and had a confirmed case of COVID-19 within the past 90 days (on a viral test) without symptoms. Get tested on day 5. Watch for symptoms until day 10.
- **Isolate** If symptoms develop, get tested and wait for results. Wear a well-fitting mask and continue to take precautions until day 10. Take precautions traveling, wear a well-fitted mask for 10 days and avoid high-risk individuals who may get very sick.

#